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January 2012 Newsletter

Specialized Training for Pastors, Church Leaders and Coaches

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Before you get going again...

In December, I commented on [the trend that people seemed to be already living in January](#). I invited you to come back to the present and [take some time to celebrate and rest](#).



J. Val Hastings, MCC, is the Founder and President of Coaching4Clergy, which empowers today's spiritual leaders through coaching, consulting and coach training. Val has a global vision of providing coaching and coach training to all of today's spiritual leaders.

Well, it's January now, so you have my permission to get into action again. And I'm going to help you do it, with a month's worth of articles that will help you take your first steps and keep going.

To start us off today, I have an important reminder for you. This concept was expressed beautifully in a poem by Judy Brown, which I posted to the blog last month. Click here to read [Fire](#).

My last gift to you for 2011 is also my first gift to you for 2012.

Before you jump into action...

Before you fill up your schedule...

Before you set your goals...

Before you make promises and declarations...

Before you grade yourself on your accomplishments and failures...

Stop.

Get some space between the logs of your fire. Get a strong personal foundation in place so that you can be at your best this year.

Featured Blog Post

That may mean that you schedule your own [Power Sabbath](#) every

As my gift to you this holiday season, I shared my new favorite poem about the importance of giving yourself some space [...]

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Val's New Book



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week or every day, or that you [put a team in place](#) that allows everyone—including you—to work from their strengths this year.

Whatever it takes and whatever it means for you, block out that space now so that your fire can burn brightly all year long.

Please [visit the blog](#) every Tuesday in January for new articles that will help you in getting 2012 off to a good start.

Meet Our Faculty Member - Larry Perkins, DMin, ACC

Larry Perkins has 43 years experience in local churches, ranging in size from the small to the mega-church and nine years as Director of Church Development/Growth and Administration in an association of 100+ Baptist churches in southeast Texas.



He is currently certified by Coaching4Clergy as a Trainer and is Faculty in Training. Other academic work was completed through Mississippi College, Southwestern Baptist Theological Seminary, and Luther Rice Theological Seminary. He helped create a non-profit following the destruction of Hurricane Rita on the gulf coast. Larry's primary focus is on maximizing the potential of churches in their leadership. This is available through Executive Coaching, Team Coaching and the development of the "coach approach" as a powerful tool in developing healthy and biblical church culture. Other coaching and application development opportunities, such as the Life/Faith Coach Academy and the Church Coaching Lab Project, are available through Catch the Wind, CoachingSolutions, his development organization.

His life verse is **Ephesians 3:20**, *"Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us."*

Meet Our Trainer - Kay Kotan

Kay Kotan is the founder of You Unlimited in Independence, Missouri. Her vast experience and knowledge come from fifteen years in corporate banking, followed by seven years as a business owner and her current role as a certified coach, trainer, speaker and author. She is the author of Full Schedules, Barren Souls as well as the co-author of the books entitled, Insights on Productivity,



Strategic Ministry Planning and Renovate or Die – Ten Ways to Focus Your Church on Mission. She is an Advanced Coach U Graduate, an Associate Certified Coach of the International Coaching Federation, a member of the Heartland Coaching Association, and a Certified GO System Trainer. She is a coach, consultant and Small Church Initiative Coordinator for the Annual Conference of the United Methodist Church. She is most proud to be the wife of Bob for nineteen years and the mother of her 16-year old son, Cameron.

Great joy is derived from assisting her clients in discovering shifts and possibilities to take their lives and ministries to the next level and beyond their wildest dreams. Mrs. Kotan has a keen eye for quickly identifying issues that have stopped clients from moving forward and reaching their goals. The intricate balance between work and home life as well as working with focus and purpose as an alternative of just “puttin’ in time” are some of her favorite training and speaking topics. She has strong positions on the subjects of family values, living with integrity and simplicity as well as the value of being a life-long learner. All of which is indicated in her fundraising workshops, seminars, retreats and key note presentations. Kay’s ideal client is one that is fully engaged and looking to take themselves personally and professionally to the next level. Through collaboration and support, clients are able to identify the gap between their current situation and where they want to go and create logical steps to carry them into their preferred future. Feel free to visit her website at www.KayKotan.com.

Upcoming Events

January 2, 9, 23, 30, 2012	102: Conflict Coaching	More Info
January 4, 11, 18, 25, February 1, 2012	Online Basic Coach Training	More Info
January 10, 17, 24, 31 2012	205: Developing a Strong Personal Foundation Teleclass	More Info
January 17, 2012	Coaching Tools For Leaders Practicum	More Info
January 22 - 26, 2012	Accelerated Coach Training, <i>Centreville, MD</i>	More Info
January 30, 31, Feb 1, 2012	3 Day Basic Coach Training, <i>Lake Junaluska, NC</i>	More Info
February 2,	108: Group Coaching Practice Lab	More

9, 16 & 23, 2012		Info
February 7, 2012	FREE Tele-class: Avoiding the Most Common (and costly) Mistake in Revitalizing a Congregation	More Info
February 7, 14, 21, 28, 2012	105: Supervisor as Coach	More Info
February 13- 14, 2012	2 Day Basic Coach Training, <i>Plano, Tx</i>	More Info
February 14- 15, 2012	2 Day Basic Coach Training, <i>Republic, MO</i>	More Info
February 21, 23, 28 2012	Train-the-Trainer	More Info
February 27- 29, 2012	3 Day Basic Coach Training, <i>Lake Junaluska, NC</i>	More Info
February 28 - 29, 2012	2 Day Basic Coach Training, <i>O'Fallon, MO</i>	More Info

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